



# 2010 SYFC Age & Weights

*This Age & Weight Chart was approved by the president's on May 18, 2010.*

## Ages and Weights

- All players must meet the age/weight limits in order to certify. Any player not certifying after the third game of season will be dismissed from the team.
- It is up to each individual association if they are going to allow six (6) year old to participate

AGE	MITEY MITES	JUNIOR PEEWEE	PEE WEE	JUNIOR MIDGET	MIDGET
6	Up to 90				
7	Up to 90				
8	Up to 90	Up to 100			
9	None**	Up to 100	Up to 120		
10		Up to 100	Up to 120	Up to 140	
11		None**	Up to 120	Up to 140	Up to 175
12			<b>**Up to 70</b>	Up to 140	Up to 175
13				<b>**Up to 90</b>	Up to 175
14					Up to 175

\*Weight limit for male and female players are listed above. The players playing age is their age as of August 1 of the current year.

\*\*Classified as Flyweight Players. Junior Midget level is limited to a maximum of three (3) at 90 lbs. and Peepees is limited to a maximum of three (3) at 70 lbs. There are no flyweights at the Mitey Mites, Junior Peeewe and Midget in 2010.

- Mitey Mites are allowed a maximum of twenty (20) eight (8) year olds per squad.
- There is no required minimum weight for any player.
- A maximum of no more that eight (8) high school players at the **Midget** level. High School players are not permitted at any other level other than Midgets.

**NOTE: All Associations at all levels must strictly adhere to the above age-weight schematic.**

## X-Man Ages & Weights

The weight shown is the maximum weight allowed.

AGE →	6	7	8	9	10	11	12	13	14	X-Man Weight
Mitey Mite	Yes	Yes	Yes							No Limit
Jr. Pee Wee			Yes	Yes	Yes					No Limit
Pee Wee				Yes	Yes	Yes				No Limit
Jr. Midget					Yes	Yes	Yes			No Limit
Midget						Yes	Yes	Yes	Yes	No Limit

Cells with "YES" in them are eligible X-Man participants. All others are NOT eligible.

- X-Man players shall be limited to a maximum of Six (6) players per team on Midgets. All other squads are allowed only four (4) X-man players per squad.
- X-Man players are limited to the Line of Scrimmage to outside shade of the Offensive Tackle positions. Example: May be Tackle, Guard or Center. May NOT be Defensive End or Tight End.
- X-Man players must play from a 3-point or 4-point stance.
- X-Man players may not advance the ball, except a fumble or interception.
- X-Man players may be on Kick-off or Kick-off return teams, ball is blown dead at the spot of an X-man fielding the ball on Kick-off or Kick-off returns.
- X-Man players must wear a jersey numbered in the range of 90-99.
- Any player wearing 90-99 will be deemed an X-Man for rules interpretation.
- Any Players wearing 90-99 is NOT an eligible receiver or back.



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## Weight Gain

### IN-SEASON WEIGHT ALLOWANCE AFTER CERTIFICATION

1 <sup>st</sup> weekend	1 lb.	6 <sup>th</sup> weekend	1 lb.	11 <sup>th</sup> weekend	1 lb.
2 <sup>nd</sup> weekend	1 lb.	7 <sup>th</sup> weekend	1 lb.	12 <sup>th</sup> weekend	1 lb.
3 <sup>rd</sup> weekend	1 lb.	8 <sup>th</sup> weekend	1 lb.	13 <sup>th</sup> weekend	1 lb.
4 <sup>th</sup> weekend	1 lb.	9 <sup>th</sup> weekend	1 lb.	14 <sup>th</sup> weekend	1 lb.
5 <sup>th</sup> weekend	1 lb.	10 <sup>th</sup> weekend	1 lb.		

**NOTE: All Associations at all levels must strictly adhere to the above age-weight schematic.**

## ***In-Eligibility***

**In-Eligible players are those that:**

1. Are Over-weight
2. Are Over-age or Under-age
3. Have falsified data concerning the above or any part of the certification process.
4. Are participating in other organized TACKLE football programs while the SYFC season is in progress.
  - a. Player will **NOT** be ruled ineligible for participating in School sponsored FLAG football.
5. Have been ejected or suspended from the previous game they were eligible for.
6. Players must get a release from any SYFC team they have previously played for, prior to certification, before being able to participate with the new organization. The release can only be denied if there are no unmet financial or equipment responsibilities with the prior organization. If player transfers from another SYFC association that does not have a verifiable change of address within that associations high school boundary, that player/participant must have a signed transfer release from that player/participants previous association. Both association parties must send release for the transfer to the Football Facilitator for tracking and verification. Associations are limited to a maximum of 4 releases per division per year from all 22-association members of SYFC. All others will be deemed ineligible by rule. The use of ineligible players could result in game forfeiture.
7. Coaches must gain a release from previous association prior to participating in any capacity with another association.

**In-Eligible Teams are those that:**

Play with in-eligible players/coaches. They shall forfeit all games in which the in-eligible player/coach participated. Ignorance is not an excuse. Teams are responsible for their players/coaches/parents actions.